



Codes of Conduct – TO BE ISSUED TO ALL PARENTS/CARERS



- Sports/Leisurewear to be worn, No Zips/ Buttons/ Dresses or Hoodies and long hair tied back.
- No food, drink or chewing gum is to be taken into the gym under any circumstances.
- All special needs children and children under five must be accompanied in the gym by an adult at all times.
- All children & accompanying adults must attend the safety briefing before the commencement of the gym session. Any late arrivals must see the Lead Coach for a safety briefing before participating.
 - NO adults are allowed on any apparatus or equipment.
 - Only ONE person is allowed on each trampoline at any one time.
- NO somersaults are to be performed anywhere from any item within the gym.
- All participants must wear socks. (Exceptions can be made for 'Grippy' socks)
- Prams and buggies are not permitted in the training hall. Baby carriers must be put safely to one side.
- You must remove all jewellery before entering the gym per British Gymnastics guidelines.
- Waveney Gymnastics Club accepts no responsibility for any lost or stolen items.
- The Coach is totally responsible for order and good practice in the gym. Failure to follow their instructions and advice and/or dangerous or inappropriate behaviour could result in the immediate cancellation of the party
- If your child has a medical problem, please ensure that it is reported to the Coach before the gym session.
- Any child who is ill, injured or wearing a plaster cast will not be able to participate in the gym session but can watch
- NO ALCOHOL OR SMOKING IS PERMITTED ANYWHERE IN THE BUILDING OR COMPOUND.
- Be polite and respect all other people and coaches in the gym, building and compound.
- Complaints will NOT be considered after a 48-hour period from the date of the party.
- Coaches are only present to supervise, not to coach or arrange activities during the time in the gym.

**HAVE A
GYMTASTIC
TIME**

