



# WAVENEY GYMNASTICS CLUB

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## EXPECTATIONS, RULES AND CODES OF CONDUCT FOR COACHES

1. Abide and uphold the rules of the club.
2. ALL coaches are representatives of the club and ambassadors of the sport and should not be commenting or passing judgements on individuals or the running of the club.
3. Teach your gymnasts to follow the club rules.
4. Never coach moves of a higher difficulty than your qualification allows.
5. All coaches should be punctual for the start of the sessions they have agreed to coach. (Notify the head coach or arrange for a cover coach if you are likely to be late or unable to attend the session.)
6. Ensure that, where possible, you give equal time and attention to the gymnasts in your group.
7. Appropriate sports clothing and footwear should be worn when coaching. (No jeans or unsuitable casual wear.) WGC uniform should be worn at all times when coaching.
8. NO food or chewing gum should be taken into the training hall and no shoes or trainers should be worn in the training hall.
9. Be respectful and polite to others.
10. Bullying, humiliation, fighting, inappropriate language, making suggestive or inappropriate remarks to others will not be tolerated.
11. Jewellery must not be worn when coaching in the gym. (A flat wedding ring, preferably taped is permissible.)
12. Ensure the gym is left in a safe and tidy manner, with all equipment put back where it belongs.
13. Criticisms or concerns of any nature should be communicated through the management of the club. Coaches associated with the club must work as a team and work within the code of ethics of British Gymnastics.

## DIRECTORS AND MANAGEMENT OF WAVENEY GYMNASTICS CLUB

Revised by	Hazel Densham	Revision 2	February 2024
Approved by	Alex Row		