



WAVENEY GYMNASTICS CLUB

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ANTI BULLYING POLICY

Waveney Gymnastics Club take all signs or allegations of possible bullying seriously. Disruptive, threatening or inappropriate behaviour of any kind from parents and children is totally unacceptable and will not be tolerated.

Bullying can be –

- Emotional – being unfriendly, excluding, isolating and tormenting (e.g., hiding belongings, threatening gestures). Physical – pushing, kicking, hitting, punching or any use of violence.
- Racist – racial taunts, graffiti, gestures.
- Sexual – unwanted physical contact or sexually abusive comments. Homophobic – because of or focusing on the issue of sexuality.
- Verbal – name calling, sarcasm, spreading rumours, excessive teasing.
- Cyber – all areas of the internet, such as email, mobile phone threats by text messaging and calls, misuse of associated technology, i.e., camera and video facilities.

Examples of bullying within gymnastics could be –

- A gymnast who intimidates fellow gymnasts inappropriately i.e., abusive text messages, Facebook misuse and other social networking sites.
- A coach who adopts a win at all costs philosophy i.e., shouting, name calling or ignoring. A parent who pushes too hard i.e., shouting at child.
- Anyone who intimidates another member at the club.

Waveney Gymnastics Club operates a strict three tier disciplinary process –

1. Anyone failing to meet behaviour standards will receive a verbal warning and there will be an apology from the bully/bullies to the victim and the bully's parents will be informed.
2. If the behaviour continues, a written warning will be issued to the bully and the parents and disciplinary action will be taken, if necessary.
3. If the written warning has no effect, the gymnast will be requested to have a leave of absence agreed by the Head Coach/Directors of the club to have time to consider their actions/behaviour in the gym. If the actions of a parent are in, repute then the parent concerned will no longer be permitted to watch their child train at Waveney.

DIRECTORS AND MANAGEMENT OF WAVENEY GYMNASTICS CLUB

Revised by	Hazel Densham	Revision 2	February 2024
Approved by	Alex Row		